

# FALL 2024 PROGRAM GUIDE



Youth Programs  
Sponsored by:



Volunteer youth coaches needed! Coaches receive free enrollment for child, Contact Emily Stein 308-762-2201

## YOUTH FLAG FOOTBALL

AUGUST 25 - OCTOBER 8

Sign up Deadline August 19th\*

Member \$30 / Non-Member \$50



Group Practice/Combine Sunday August 25th @ High School Practice Fields

K-2: 3pm

3rd-4th: 4pm

Coaches will arrange practice times.

**K-2nd Grade:**

Games: Tuesdays 4:30pm & 5:30pm September 10th - October 8th @ ARC Back Lawn.

**3rd - 4th Grade:**

Games: Sundays starting at 3pm September 8th - October 6th @ High School practice Field.

Rosters will be posted by noon on 8/29

## YOUTH OUTDOOR SOCCER

SEPTEMBER 5 - OCTOBER 6

Sign up Deadline August 19th\*

Member \$30 / Non-Member \$50

Coaches will arrange practice times.



Shin Guards, Soccer Socks and Cleats required.  
Game Location: Field Behind Emerson Elementary.

**4yrs - 2nd Grade:**

Games: Sundays starting at 3pm ~ Sept. 8th - Oct. 6th.

**3rd - 6th Grade:**

Games: Thursdays at 5:15pm & 6:15pm ~ Sept. 5th - Oct. 3rd

Rosters will be posted by noon on 8/29

## YOUTH CHEER

SEPTEMBER 11 - OCTOBER 5

Sign up Deadline September 4th\*

Member \$30 / Non-Member \$50

Led by AHS Bulldog Cheer Squad

Wednesdays on ARC Back Lawn

K-2: 4:30-5:15pm

3rd - 5th: 5:15pm-6:00pm

Performance: October 5th @ Bulldog Stadium - 7th grade football vs. Scottsbluff. Time TBA

## YOUTH TACKLE FOOTBALL

AUGUST 25 - OCTOBER 6

Sign up Deadline August 19th\*

Member \$70 / Non-Member \$90

Price adjustment due to the cost of keeping our helmets recertified, as well as the additional insurance expenses.

**5th - 6th Grade**

Group Practice/Combine Sunday August 25th - 5pm @ High School Practice Field

Coaches will arrange practice times.

Games: Sundays starting 3pm September 8th - October 6th @ High School practice Field.

Equipment check-out: Sun. Aug. 25th - 6pm OR Mon. Aug. 26th - 4pm-6pm at High School practice field.

Mouth Guards and Cleats required.

Equipment Provided: Helmet, Shoulder Pads, Jersey, Pants, Knee & Thigh pads.

Rosters will be posted by noon on 8/29



## YOUTH BASKETBALL

OCTOBER 3 - NOVEMBER 12

Sign up Deadline September 30th\*

Member \$30 / Non-Member \$50



**4yrs - Kinder:** Skill work followed by game - 5:00pm  
Tuesdays October 15 - November 12

**1st - 2nd Grade:** Skill work followed by game - 6:15pm &/or 7:30pm Tuesdays October 15 - November 12

**3rd - 4th Boys:** Skill work with AHS Boys Coach Mills  
Thursdays 5:45pm Oct. 3 - Nov. 7

Games: Saturdays 8:30am/9:30am Oct. 12 - Nov. 9

**5th - 6th Boys:** Skill work with AHS Boys Coach Mills  
Thursdays 6:45pm starting Oct. 3 - Nov. 7

Games: Saturdays 8:30am/9:30am Oct. 12 - Nov. 9

**3rd - 6th Girls:** Skill work with AHS Girls Coach Foster  
Thursdays 4:30pm starting Oct. 3 - Nov. 7

Games: Saturdays 10:30am Oct. 12 - Nov. 9

**NO PRACTICES ON HALLOWEEN 10/31**

Rosters will be posted by noon on 10/9



All rosters and game schedules will be posted after the deadline at [www.alliancerecenter.com/schedule](http://www.alliancerecenter.com/schedule) and Facebook Group ARC Youth Programs. Remind will be used ONLY for schedule CHANGES. We will NOT use Remind for general program information. To receive remind messages text @arcsports to 81010.

\*Price increases \$5 after the deadline. Late registrations may not be accepted.

Scan here  
to register  
online



## WOMEN'S VOLLEYBALL LEAGUE

SEPTEMBER 4 - NOVEMBER 6

Sign up Deadline August 28th\*

Wednesdays 5:45pm, 6:30pm, & 7:15pm

Team Fee \$180

Registration Packets available at the ARC.

Must be in High School to participate.



## COED VOLLEYBALL LEAGUE

SEPTEMBER 8 - NOVEMBER 10

Sign up Deadline September 3rd

Sundays 4:00pm & 5:00pm

Team Fee \$180

Registration Packets available at the ARC.

Must be in High School to participate.

## MEN'S BASKETBALL LEAGUE

SEPTEMBER 9 - NOVEMBER 11

Sign up Deadline September 3rd

Mondays 6:00pm, 7:00pm & 8:00pm

Team Fee \$180

Registration Packets available at the ARC.

Must be in High School to participate.

## 3V3 BASKETBALL TOURNAMENT

SATURDAY, SEPTEMBER 28TH

Sign up Deadline September 23rd

Start Time: TBD based off of enrollment

Location: The ARC Gymnasium

Team Fee: \$30

Round Robin to seed Tournament to follow.

Coed - Must be in middle school or older participate.

## BRAZILIAN JIU JITSU

SEPTEMBER 9 - NOVEMBER 25



Mondays

Age 6-9 years: 4:30-5:15pm

Ages 10-13 years: 5:15-6:00pm

Members \$60 / Non-members \$96

Can be paid in full or split into monthly auto billed payments.

Instructor Michael Garcia

## ARC AFTER SCHOOL

GRADES K - 5TH

Serving APS, IELS, & St. Agnes students.

Homework, snacks, activities, & fun!



Thanks to a partnership with Alliance Public Schools, ARC After School has expanded capacity and will now be hosted at Grandview Elementary.

Member \$45 ~ Non-Member \$55 ~ Scholarship \$30

Enrollment Fee \$30

To learn more or pick up enrollment forms

stop by the ARC or go online to

[www.alliancereccenter.com/arcafterschool](http://www.alliancereccenter.com/arcafterschool)

## SCHOOL DAY OUT CAMP

GRADES K - 5TH

Dates: Sept. 30 ~ Oct. 18

Nov. 1, 27 & 29 ~ Dec. 23, 27, & 30

Members \$20/day, Non-Members \$25/day.

7:45am-5:30pm. You choose dates to enroll.

Please bring a water bottle and a sack lunch. Auto pay Sunday before camp date or pay in full at sign up. No refunds given for unenrollment within 7 days of camp.



## AUTUMN IN ALLIANCE 5K

SATURDAY, SEPTEMBER 28TH

Sign up Deadline September 13th\*

Start time: 9am @ Central Park

Day of Registration & Pre-registration pick up starts at 8am

\$30 per person - T-shirt included if signed up by September 13th\*

After the race enjoy all the Family Fun "Autumn in Alliance" activities in the park.

\*Any sign ups after the deadline will not be guaranteed a tshirt.

