


# March 2025

# Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI DAY	SATURDAY
23	24	25	26	27	28	1
2	3	4	5	6	7	8
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
3:00-6:00p COED Volleyball	3:00-5:15p Open Pickleball-N 6:00-8:00p Men's Basketball	2:25-3:10p IELS PE 5:30-6:30p Youth Floor Hockey-S	1:00-2:30 Special Olympics-N 3:00-5:15p Open Pickleball-N 5:45-8:00p Women's Volleyball	5:30-6:30p Youth Floor Hockey-S	3:30-5:15p Open Pickleball-N	
9	10	11	12	13	14	15
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S	7:45-8:40a School Day Out-S 12:30-1:15p School Day Out-S	7:45-8:40a School Day Out-S 9:30-10:30a Silver Sneakers-S 12:30-1:15p School Day Out-S	8:00a-12:00p Shamrock Shuffle
3:00-6:00p COED Volleyball	3:00-5:15p Open Pickleball-N 6:00-8:00p Men's Basketball	2:25-3:10p IELS PE 5:30-6:30p Youth Floor Hockey-S	1:00-2:30 Special Olympics-N 3:00-5:15p Open Pickleball-N 5:45-8:00p Women's Volleyball	4:25-5:00p School Day Out-S 5:30-6:30p Youth Floor Hockey-S	4:25-5:00p School Day Out-S	
16	17 	18	19	20	21	22
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
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30	31	<p><i>Notes</i></p> <p>Programs in <b>black</b> 1/2 the gym is reserved, <b>red</b> the full gym is reserved &amp; <b>blue</b> program will move in the gym <u>only</u> in inclement weather.</p> <p>Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.</p>				
3:00-6:00p COED Volleyball	3:00-5:15p Open Pickleball-N 6:00-8:00p Men's Basketball					