

SPRING/SUMMER 2025 PROGRAM GUIDE



Youth Programs Sponsored by:



BRAZILIAN JIU JITSU

SPRING SESSION: APRIL 7TH - MAY 19TH

-No meeting on April 28th

Mondays

Age 6-9 years: 5:00pm - 5:45pm

Ages 10-13 years: 5:45pm - 6:30pm

Members \$30 / Non-members \$48*

SUMMER SESSION: JUNE 16TH - JULY 28TH

Mondays

Age 6-13 years: 5:15pm - 6:00pm

Members \$35 / Non-members \$56*

*Payment can be paid in full or split into monthly auto billed payments.

Instructor Michael Garcia



When you enroll your child in a youth sports program (excluding Jiu Jitsu) they'll receive one t-shirt per season at no extra cost, regardless of how many sports they join. If you'd prefer not to receive a t-shirt, the enrollment fee will remain the same, with the cost considered a contribution to our organization. We know not everyone wants a t-shirt, so we're offering a choice, but opting out will not reduce the fee.

FOOTBALL FUNDAMENTALS

APRIL 5TH - MAY 10TH

-No meeting on April 19th

Sign up Deadline Monday March 31st*

Saturdays @ High School Practice Field

K-2nd: 9:00am - 10:00am

3rd-6th: 10:00am - 11:00am

April 26th meeting will be held at Laing Lake Field!

Members \$30 / Non-members \$50

Skill work led by AHS Football Coach TD Stein and AHS Football Players



BASEBALL FUNDAMENTALS

APRIL 8TH - MAY 13TH

-No meeting on April 22nd

Sign up Deadline Tuesday April 1st*

Tuesdays @ Sudman Field

Ages 5-8 (machine pitch age group): 4:30pm - 5:30pm

Ages 8-12 (kid pitch age group): 5:30pm - 6:30pm

Members \$30 / Non-members \$50

Bring Your own glove! Optional: Bring your own bat.

Skill work led by Tim Devlin - Helpers/Coaches needed



FUTSAL - INDOOR SOCCER

APRIL 14TH - MAY 15TH

Sign up Deadline Monday, April 7th*

Mondays:

3rd-6th grade girls: 5:45pm-7:00pm

3rd-6th grade boys: 7:00pm-8:30pm

Tuesdays:

1st-2nd grade girls: 5:45pm-7:00pm

Thursdays:

4yrs-Kinder: 5:15pm-6:15pm

1st-2nd grade boys: 6:30pm-7:45pm

Groups may be coed depending on number of registrations.

Rosters will be posted by noon on April 11th

Members \$30 / Non-members \$50

Practice followed by a game. Shin guards required/no cleats.

Volunteer coaches needed! Mandatory coaches meeting: April 10 @ 5:30pm at the ARC.



TENNIS GRADES K-12

More details to come!

Led by Morgan Wimmer & AHS Tennis Coach Scott Mills.
Returning...Fungai Tongoona with additional lessons and days!



The ARC Youth Programs Facebook group will be used for program updates and general reminders, while the Remind app will be reserved exclusively for schedule changes—general program information will not be shared on Remind. To receive Remind notifications, text @arcsports to 81010

Interested in coaching? Coaches receive free enrollment for child, Contact Emily Stein 308-762-2201

*Price increases \$5 after the deadline. Late registrations may not be accepted.

308.762.2201 ~ www.alliancerecenter.com ~ 1202 E. 10th Street



COED GLOW VOLLEYBALL TOURNAMENT

SATURDAY, APRIL 12TH

Sign up Deadline April 6th

6v6 Round Robin Tournament. Glowing gym, glow volleyballs, lighted nets and court lines.

Start Time: 11am
Team Fee: \$90*
*due at enrollment

Must be in high school or older to participate.



SUMMER CAMP MAY 27TH - AUGUST 8TH

K-5th grades

A summer full of engaging activities, friends, swimming, learning & FUN! Enrollment forms available at the ARC or www.alliancreccenter.com. Spots are limited.

Weekly Fee:

\$35 non-refundable enrollment fee

Members: \$115 / Non-Members: \$125 / Scholarship: \$65

MIDDLE SCHOOL GLOW VOLLEYBALL NIGHT

FRIDAY, APRIL 11TH

6:00pm - 9:00pm

The gym will be glowing so drop in and play! Music, glow in the dark volleyballs and more!

Members Free / Non-members \$4 Day Pass



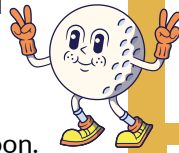
PICKLEBALL CLINIC SATURDAY, JUNE 14TH

Learn the fundamentals of the fast-growing game of pickleball at our FREE clinic. Pickleball is the perfect activity for those of any age. Come learn the basics of the game - bring your friends and family and learn together!

Time: 9-11am / Location: City Courts, 16th & Box Butte

GOLF TOURNAMENT SATURDAY, JUNE 28TH

Start Time: 1pm
Location: Sky View Golf Course
Save the Date! Stay tuned for more details soon.



PICKLEBALL TOURNAMENT SUNDAY, JULY 20TH

Sign up Deadline Wednesday, July 16th

Team Fee: \$40
Start Time: 4pm
City Courts, 16th & Box Butte
Doubles format.

Round Robin play will determine tournament seeding.

PANHANDLE GYMNASTICS

Panhandle Gymnastics holds classes at the ARC. ARC Members get discounted rates. Contact Panhandle Gymnastics at 308-207-2799 or visit their website to learn more! www.panhandlegymnastics.com



JOIN THE ARC MORE THAN A GYM

Enjoy 24-hour access, group fitness classes, steam room, sauna, childcare while you work out, discounted rates on youth programs, and MORE!

At the ARC, everyone belongs. Regardless of income or family situation, you're welcome here. Financial assistance is available because your health and well-being matter.



Stop by today for a tour!

Scan here to register online



"Putting the Unity in Community"

DHHS Child Subsidy Accepted
Contact Sarah at 308-762-2201 for more information.